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metroNEWS

JEFF HARPER/METRO

Local police assaulted more than others

STATSCAN

Halifax officers targeted at rate of 43.5 per 100,000 people

Alexander Quon
For Metro | Halifax

For the last five years, police of-

icers in Halifax have been assaulted at a higher rate than in any other city in Atlantic Canada, and at a far higher rate than the national average.

According to an analysis of the latest crime data obtained from Statistics Canada, from 2011 to 2015, Halifax has averaged a rate of 43.5 assaults on police officers per 100,000 people.

St. John's, the next highest city in Atlantic Canada, averaged 33.

But that figure doesn't tell the

whole story.

While the St. John's rate of 41 assaults in 2010 was the second highest in the region, five years later that rate fell to 29.

This is similar to the way rates of assault on officers have dropped throughout Atlantic Canada. However, since 2011, Halifax's has remained relatively the same.

In 2015, the rate of assaults in Halifax was 39. From 2011 to 2015, Halifax had 898 total

incidents in which police were assaulted. St. John's had 333.

In 2011, officers in Halifax — including Halifax Regional Police and RCMP in the municipality — were 35 per cent more likely to be assaulted when compared to other Canadian regions. Five years later, the number has dropped to its lowest point at 30 per cent.

But out of all municipalities across the country, Halifax is one of the two cities to consist-

ently remain in the top five for assaults on police officers from 2011 to 2015.

Const. Dianne Woodworth, spokeswoman for Halifax Regional Police, said in a recent email that the force wouldn't comment on assaults committed against their officers.

"We cannot speak to why these assaults are happening as this would be a case by case basis, nor the data on rates of assaults in comparison to other regions,"

Woodworth said.

Staff Sgt. Penny Hart, an instructor at the Halifax Regional Police Training Centre, said members of her team are not specifically trained to deal with being assaulted.

"Training is an ongoing thing, we don't have specific days or X number of hours," Hart said recently. "But every single member within the police organization will attend mandatory training every year."



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The 'princess of Pokémon'

DARTMOUTH

Coun. Gloria McCluskey tackles her first Poké-battle



Haley Ryan
Metro | Halifax

Long-time councillor and former Dartmouth mayor Gloria McCluskey is claiming a new title: "princess of Pokémon."

I met up with McCluskey in the backyard of her Victoria Road home on Wednesday afternoon to chat about her new-found love of the Pokémon Go app, which she has yet to download but said she's been playing via her son's account.

"I know somebody who walked 5.5 (kilometres) the other day who never walks. It's great," McCluskey said, referring to how players of the game need to move around to catch Pokémon or hatch special eggs.

"Besides, it's kind of fun," the 85-year-old added with a wink.

McCluskey said her son was driving her up Victoria Road on Tuesday evening when she took his phone with the app open and spotted a Pokémon. She launched a Poké ball with the flick of her finger, demonstrating in the air, and captured it when "it said 'Gotcha!'"

Although McCluskey said she's not sure what Pokémon she caught, it "wasn't very big."

"Some of them are big and

ugly. I'm going to name the councillors after them," McCluskey said.

"I have one for Wayne (Mason), it's 'Ratta-something,'" she added with a laugh about the Halifax councillor, a frequent sparring partner across the council table.

McCluskey said she's working on downloading the game for herself — and she's already planned to join Team Blue, "the passive crowd."

She was recently asked if she was the only councillor using the game, at which she scoffed and answered, "I'm the princess of Pokémon."

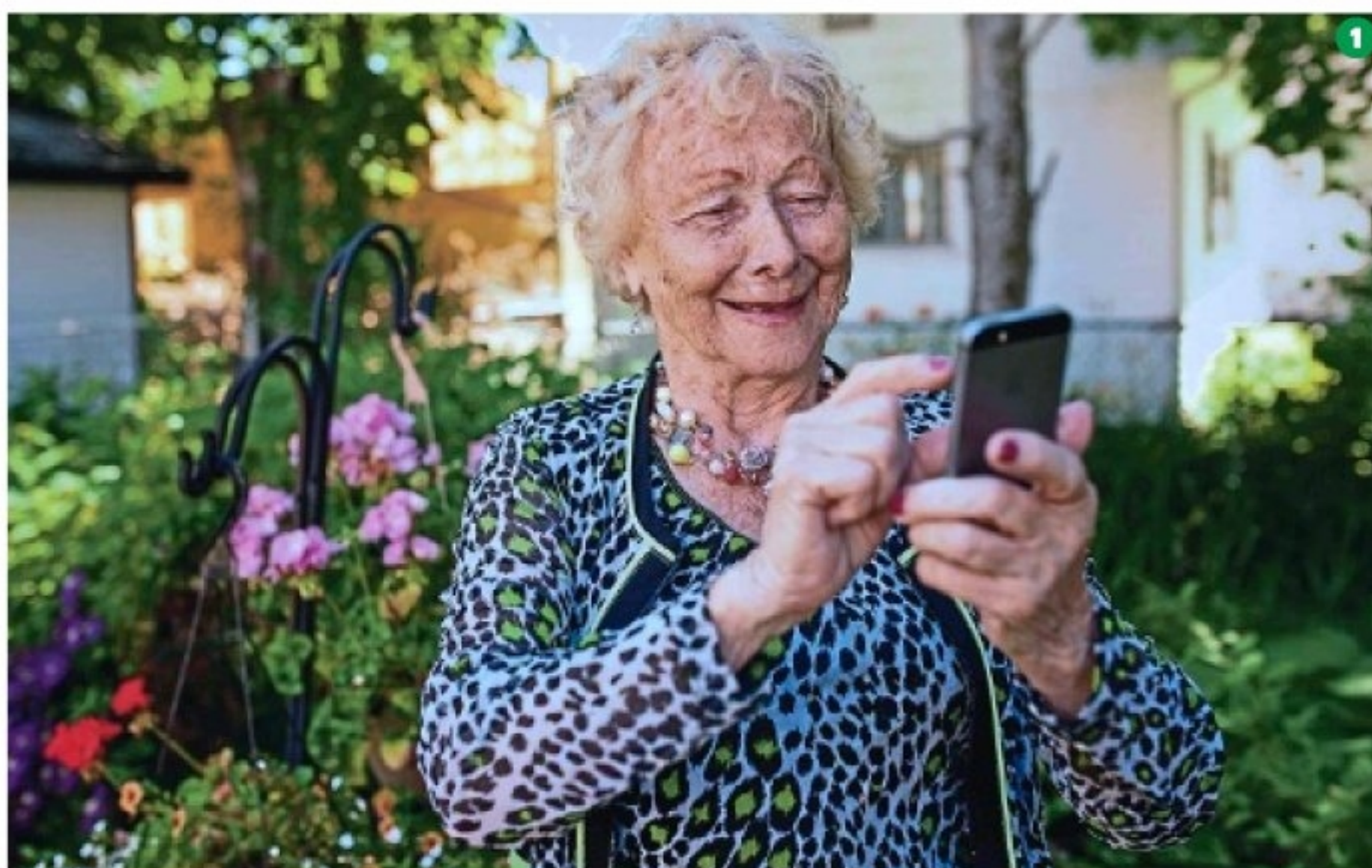
"No one's on there. I know I'm the coolest one; the oldest but the coolest," McCluskey laughed.

Since no Pokémon were hanging around in McCluskey's backyard, I walked down the sunny sidewalk with the councillor towards the closest Poké gym — the Northbrook Bible Chapel — to see if we spotted any along the way using my account.

McCluskey waved to a woman who pulled up in a car as we passed a stop sign, and yelled out that she was playing Pokémon Go. The woman laughed and said, "We are too right now!" as a kid in the passenger seat held up their phone.

"The only Pokémon around here is me," McCluskey said as we neared the gym without spotting any.

Although my own Pokémon aren't in fighting shape yet, we chose my Electabuzz to get into the gym's ring against a better



Drowzee. McCluskey battled by rapidly tapping the screen and swiping right and left to dodge attacks — but we lost.

Unfazed, McCluskey said she can't wait to catch her own Pokémon, although she's never known much about the cartoon or games. She said she especially loves seeing people packing onto the Dartmouth waterfront to play.

And McCluskey's response to the Pokémon Go haters?

"It's a fun thing. I say, c'mon, get a life," she said.

"I'm serious when it comes to my work, but I can also have a little bit of fun."



1 Coun. Gloria McCluskey (Dartmouth Centre) searches her backyard for a few Pokémon with the new Pokémon Go app on Wednesday.

JEFF HARPER/METRO

2 Metro Halifax reporter Haley Ryan helps Coun. Gloria McCluskey fight her first gym battle in a Dartmouth neighbourhood on Wednesday.

JEFF HARPER/METRO

"I know somebody who walked 5.5 (kilometres) the other day who never walks. It's great. Gloria McCluskey"

POLICE

Describing suspects as 'Middle Eastern' perpetuates stereotypes: Critics

Halifax police are perpetuating damaging stereotypes by using "Middle Eastern" to describe three unknown cab drivers suspected in a recent string of alleged sexual assaults, critics say.

"There's no such thing as a Middle-Eastern-looking person," said Raja Khouri, president of the Toronto-based Canadian Arab Institute.

Khouri, who is also member of the Ontario Human Rights Commission, said the millions of

people from the 17 countries in the region come from disparate backgrounds, which means their physical attributes vary widely.

"You can be white. You can be black. You can be somewhere in between," he said. "It's an inaccurate description, and it leaves the door open to whatever stereotypes people have in mind for bad people."

A recent spate of sexual assault allegations against Halifax taxi drivers has thrown the local

industry into a state of crisis, cab drivers say. There have been four alleged attacks in the past three months alone, compared with three alleged sexual assaults by cab drivers in all of 2015.

According to the most recent police reports, three of the four suspects were described as "Middle Eastern men." One police statement described the accused as "Middle Eastern or a light-complected black man with an accent."

Khouri said the "Middle Eastern" identifier, when used in conjunction with criminal activity, is associated with stereotypes about terrorism suspects.

"You can be racist without meaning to be racist," Khouri said in an interview. "But that doesn't make it any less racist in terms of its impact. I wouldn't accuse the police of racism ... (But) it's misguided. They should discontinue use of the term."

Const. Amit Parasram, divers-

ity officer for Halifax Regional Police, said the "Middle Eastern" description was given to investigators by each of the three young, female victims.

"That is the best information we have at the time toward identifying that person, ... (but) I acknowledge that it's not the ideal," he said Wednesday.

Parasram conceded the term, when used for a physical description, is based on stereotypes, and he said the police force is willing

to talk about dropping its use.

Halifax immigration lawyer Lee Cohen said police could avoid stereotypes by instead describing specific physical traits rather than speculating origins.

"All of a sudden it's not the ... (particular) perpetrator we're looking for, or are suspicious of. It's everyone from the Middle East and how we think they look," he said. "That's why we're in dangerous territory."

THE CANADIAN PRESS

Artists hosting colouring party

ART

Event held to launch books by FitzGerald and Bangay



Yvette d'Entremont
Metro | Halifax

Artists Emma FitzGerald and Meghan Bangay are hosting a party of a different kind at Seven Bays Bouldering on Gottingen Street this Thursday.

Colouring sheets, postcards and kid-friendly couches are being rolled out for a colouring party and book launch intended to get people in an east coast frame of mind.

On the heels of her 2013 adult picture book *Hand Drawn Halifax*, FitzGerald is celebrating the launch of her adult colouring book, *Hand Drawn Halifax: The Colouring Book*.

The new book is described by Formac Publishing as a colouring book "to relax and inspire with affectionate images of the beautiful buildings, places and the people of Halifax."

FitzGerald's co-host for the event, Bangay, is launching her first book, *The East Coast Way of Life*. That colouring book celebrates all four Atlantic provinces.

"I didn't do any drawings specifically for the colouring book. They were either from the (first) book or from my images for my house portraiture business," FitzGerald said in an



Metro readers! We want you to colour this sketch from Emma FitzGerald's new colouring book *Hand Drawn Halifax: The Colouring Book*. Tweet your handiwork to us at @metrohalifax and we may share it with our readers. CONTRIBUTED

interview Wednesday.

FitzGerald said all her sketches were inspired by visits to a wide range of Halifax Regional Municipality communities, including North

End Halifax, Clayton Park and North Preston. She wanted to ensure her images were varied, so she sketched houses, shops, people and places.

"I got to put in some draw-

ings that had not made it in the colouring book ... to make it interesting for people," she said.

Those new images include a wall from the city's old library building and a temporary heal-

ing garden that was created in memory of gay rights activist Raymond Taavel.

"I actually did a drawing of the rocks spelling out the word Namaste," she said.



Local artist Emma FitzGerald
CONTRIBUTED



I got to put in some drawings that had not made it in the colouring book.

Emma FitzGerald

"We ran out of room in the original book, but to have it in this book I think is really special especially because that rock garden has now been moved."

Both FitzGerald's and Bangay's books will be available for purchase at the launch.

Although colouring supplies will be on hand, participants are encouraged to bring their favourite crayons and colouring pencils.

The event runs from 6 p.m. to 9 p.m. at Seven Bays Bouldering, 2019 Gottingen St. in Halifax.

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CONSTRUCTION

Dal researchers study use of tires in soft soil

Researchers in Halifax are seeing whether material from recycled tires could be used to strengthen soil and help the construction industry.

Hany El Naggar at Dalhousie University is leading a team of international students in assessing how so-called tire derived aggregate, which is made from recycled tires, can enhance the strength of soil for engineering projects like bridges, buildings and highways.

The professor at the Department of Civil and Resource Engineering says there are a lot of soft soils in Nova Scotia that are too weak to support infrastructure.

He says mixing the aggregate with soil reinforces the strength of the foundation soil,

+ DANGERS

Scrap tires are breeding grounds for mosquitoes and can be sources of pollutants when they catch fire, creating a need for an environmentally friendly way of disposing of the tires.

allowing it to be built on without any risk that it will fail.

Environmental engineer Jim Simmons says the research could make Nova Scotia a world leader in resolving the environmental and health issues related to scrap tires.

THE CANADIAN PRESS

BURN BAN

All fires banned in Halifax Regional Municipality

The burn ban is back for all of Halifax Regional Municipality.

The province updated its burn restrictions map Wednesday afternoon, banning all fires in HRM, along with Hants, Lunenburg and Queens Counties.

The rest of the province is restricted, meaning domestic brush burning and campfires are only permitted between 7 p.m. and 8 a.m., and fires in campgrounds are permitted.

Environment Canada's weather forecast calls for sun and temperatures in the high 20s on Thursday and Friday.

METRO

Postcards from home

An old fishing village in Eastern Passage and nearby beach offer amazing sunset views for visitors and locals alike.

Trip 2:
Fisherman's Cove
& **MacCormacks**
Beach

Jeff Harper
Metro | Halifax

If you're looking for a mid-week break from your desk job, Fisherman's Cove is a picturesque place to watch the sun set over Halifax.

A few kilometres out of the city, but far from the maddening crowd, Fisherman's Cove is a centuries-old working fishing village in the heart of Eastern Passage.

Visitors can walk the extensive boardwalks, shop at one of the brightly coloured kiosks, sit down to take in the picturesque views and enjoy a fresh seafood meal.

When visiting Fisherman's Cove, you can park in the massive lot for MacCormacks Beach Provincial Park, located right next door. The beach leads out to a point near Lawlor Island, which is a popular fishing spot for locals.

The beach itself has a long boardwalk and a great view of Halifax off in the distance. The water near the shore is shallow and makes for a great spot to wade in and enjoy the sunset.

Have another idea of a spot we can visit in Halifax Regional Municipality as part of our Be a Tourist in Your Own City feature? If so, email jeff.harper@metronews.ca



Brightly coloured kiosks line the boardwalk in Fisherman's Cove. Visitors can look at local art, buy crafts and enjoy ice cream. ALL PHOTOS JEFF HARPER/METRO



A man looks out of a brightly coloured fishing boat in Fisherman's Cove on Tuesday evening. People come here for the postcard views.



People enjoy a stroll along MacCormacks Beach Provincial Park's extensive boardwalk.



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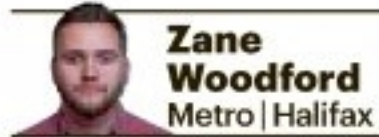


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Weed dispensary dispute

LICENSING

Medical marijuana shop challenging review board



Zane Woodford
Metro | Halifax

It's going to be business as usual for a local medical marijuana dispensary, despite a decision from the Utility and Review Board.

Tasty Budds, which has three locations in Halifax Regional Municipality, appealed a decision by the municipality in February to deny the business an occupancy permit.

In a decision released this week, the UARB denied the appeal.

"We respect their decision, but we know that it's wrong at the same time. So we're just moving forward and filing an appeal," Tasty Budds owner Mal McMeekin said Wednesday.

The UARB decision firmly takes the side of the municipality, stating that Tasty Budds' sale of marijuana is illegal,



Mal McMeekin, owner of Tasty Budds, measures out some marijuana in his Cole Harbour location earlier this year. JEFF HARPER/METRO FILE

and therefore the municipality's denial of a licence was legitimate.

"The Board considers it has no alternative other than to make a finding that the sale of medical marijuana by Tasty Budds, in their store in a strip mall, constitutes a violation of the applicable Federal Legisla-

tion," the decision reads.

The decision repeatedly states that the board did not understand the purpose of Tasty Budds' legal arguments, finding them "unpersuasive."

McMeekin knows that his business operates in what he calls a legal "grey area," but he noted that the federal and

provincial governments have no issue taking his tax money, and said he's had no problems with two other Tasty Budds locations in New Minas and Riverview, N.B.

"Our problem's really just with the City of Halifax not being on board with it yet," he said.

DIGBY

Men rescue small humpback whale

Three men working on the Digby waterfront have rescued a small humpback whale.

Barry O'Neil, Nathaniel Denton and Dallas Kenley were working on a boat at the Tidal Boat Works boat slip July 20.

"I heard this thrashing noise in the water and I looked around and I thought it was a dolphin," he said. When the men got closer they realized from the shape of its jaw that it was a small humpback, nearly five metres long, with a net wrapped around the beak of the upper jaw.

"Once we started cutting

the net away, he relaxed like he knew what was happening," said O'Neil. "It was the strangest thing. It was surreal. It was like we were just helping out a buddy."

In less than five minutes the men had the net removed. As the rope came out, the whale started to bleed from where the rope had been.

Judging by how deep the net was in the whale's skin, the men believe the net was there for quite a while. "Once we cut it free, it just swam peacefully out past the wharf," said Denton. TC MEDIA

CULTURE

Jazzfest impresario heading to Ottawa

The executive director of the Halifax Jazz Festival is moving to Ottawa to take up the torch as the new producer of NAC Presents.

Heather Gibson is replacing long-time National Arts Centre employee Simone Deneau, who is retiring.

When Gibson took over the Halifax Jazz Festival as executive director, it had a deficit, she said.

This year, the festival finished with \$2.1 million and no deficit, said Gibson. She's starting her new job at the NAC on Sept. 20.

LUCY SCHOLEY/METRO OTTAWA



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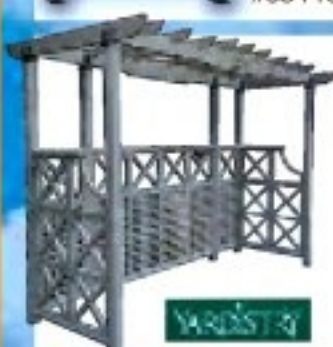
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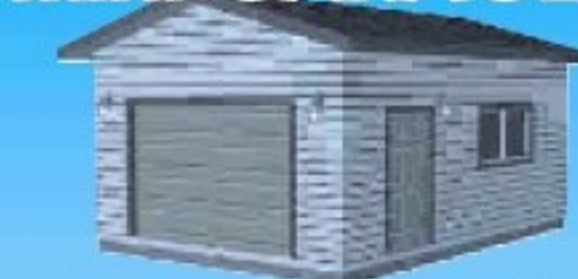
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Dartmouth



Halifax

Indigenous children are missing out on benefits

POVERTY

Thousands on reserves aren't eligible due to no taxes filed

The first monthly Canada child benefit cheques, worth up to \$533 per child, went out to more than 3 million homes Wednesday.

But because 18-year-old Chantal Perrault has never filed a tax return, her five-month-old baby Harlow is missing out.

"Wow, that is a lot of money. It would buy a lot of baby formula," she said in a phone interview from Red Gut First Nation reserve near Fort Frances, Ont., where she lives in band housing with Harlow's father, grandparents and two cousins.

Perrault is among thousands of indigenous parents on reserves who don't regularly file tax returns, and therefore aren't eligible to receive the income-based benefit aimed at lifting



Chantal Perrault and her five-month-old baby Harlow, from the Red Gut First Nation. TORSTAR NEWS SERVICE

about 300,000 Canadian children out of poverty.

The benefit is expected to help about 8,000 indigenous children escape poverty. But 16,000 would be helped if all parents on reserve filed their taxes, The Canadian Press reported.

Indigenous children are twice as likely to live in poverty as non-aboriginal kids, according to a recent study by the Can-

adian Centre for Policy Alternatives, which found poverty rates among First Nations children living on reserves are about 60 per cent.

Canada Revenue Agency doesn't track the percentage of tax filers on reserve, but a small 2010 study put the number as high as 50 per cent.

Families with net annual incomes below \$30,000 receive the

“Wow, that is a lot of money. It would buy a lot of baby formula.”

Chantal Perrault

maximum \$6,400 a year for each child under age six and \$5,400 per child for those from age six through 17.

Numerous government departments are working together to create greater awareness of federal benefits and to help individuals file taxes, said a spokesman for Families, Children and Social Development Minister Jean-Yves Duclos, who is in charge of the program.

"Minister Duclos has discussed this issue with indigenous leaders and has asked Service Canada to reach out to indigenous communities to support access to needed documents," Mathieu Filion added, referring to social insurance numbers and birth certificates. TORSTAR NEWS SERVICE

FRANCE

Nice attack victim had 'so much life'



Alex Boyd
Metro | Edmonton

Flags at MacEwan University were at half staff Wednesday in remembrance of Mykhaylo Bazelevskyy, known as Misha.

"He had his feet in every single community that he could have, whether it was athletics, student clubs, volunteering or academic endeavours," said Danika McConnell, president of the student's association.

"It seemed like everyone knew his name and knew his face, he was a leader and a friend."

Bazelevskyy, 22, was out to watch the fireworks in Nice, France last Thursday when a man plowed a 19-tonne truck into the crowd gathered to celebrate Bastille Day.

Bazelevskyy was among the 84 killed.

The Ukrainian business student was studying in Edmonton, and was in Nice for a three-week program at the European Innovation Academy, along with four other MacEwan students and a member of the faculty. All others from the school in Nice are safe.



Mykhaylo (Misha) Bazelevskyy
EUROPEAN INNOVATION ACADEMY/TWITTER

Although he went missing immediately, his death was confirmed Tuesday by authorities.

Bazelevskyy had embraced student life at MacEwan. He worked as a resident adviser, ran for the cross-country team and served on student government.

In a statement, MacEwan president David Atkinson said the school will continue to offer any assistance they can to Bazelevskyy's family.

"There is no greater loss to a university than a student who has so much life and promise ahead of him."

HEALTH

Group to begin testing Zika vaccine

A Quebec City-based research team has received the green light to begin testing a Zika vaccine on humans in collaboration with U.S.-based partners.

The researchers based at Université Laval are the first in Canada to be authorized by Health Canada and the U.S. Food and

Drug Administration to conduct clinical tests.

The university is one of three sites that hope to begin testing a vaccine for the mosquito-borne virus in the next few days.

The first phase of study involves administering the vaccine to 40 volunteers in Quebec

City, Miami and Philadelphia.

"In phase 1 we're looking only at safety and immunogenicity, or the building of immune protection," said Gary Kobinger, director of Université Laval's Infectious Disease Research Centre.

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A law-enforcement officer tries to extinguish a burning American flag on Wednesday in Cleveland, during the third day of the Republican convention. JOHN MINCHILLO/THE ASSOCIATED PRESS

Convention sees most turbulent day of protest

U.S. ELECTION

17 arrested as officers face assaults: Police

Police arrested 17 people Wednesday after a melee broke out during a flag-burning in the streets outside the Republican National Convention.

It was the most turbulent protest since the four-day convention began on Monday. The chaos briefly prevented delegates and members of the media from getting into the Quicken Loans

Arena for the proceedings.

Among those arrested was Gregory "Joey" Johnson, whose torching of the flag at a GOP convention three decades ago led to the landmark Supreme Court decision that said flag-burning is speech protected by the First Amendment.

Two officers were assaulted and suffered minor injuries, police said. Two of those arrested were charged with felonious assault on a police officer, the rest with failure to disperse.

Police Chief Calvin Williams said a protester whose pants caught fire got defensive when

a police officer tried to put out the blaze. The man assaulted the officer, and "things escalated from there," Williams said.

The melee brought to 22 the number of people arrested during the convention, far fewer than some had feared.

"Right now, I think so far, so good," Williams said.

Carl Dix of the Revolutionary Communist Party said the group organized the burning of the American flag as a "political statement about the crimes of the American empire. There's nothing great about America."

THE ASSOCIATED PRESS

PLAGIARISM ALLEGATIONS

Speechwriter admits error

A speechwriter for Donald Trump's company said Wednesday she made a mistake in using passages from a 2008 Michelle Obama speech in the Republican Party convention speech delivered by Melania Trump.

In a statement issued by the campaign, Meredith McIver took the blame but made it clear that Mrs. Trump knew the passages were from the first lady's speech.

THE ASSOCIATED PRESS

This guy wants to be vice-president of U.S.



STEVEN GOETZ
METRO'S
REPORTER IN
CLEVELAND

Michael D. Landingham says Donald Trump could still unite the country if he swapped his running mate Mike Pence for ... Michael D. Landingham.

The Cleveland native was in the streets Tuesday talking to anyone who would listen.

"A young black man like myself there would bring people together," Landingham said. "Someone who knows about the struggles between police and African Americans."

Landingham said the gulf between law enforcement and the black community was "a

big misunderstanding on both parts because of the fear-mongering media."

He said he wasn't sure what Trump actually stood for beyond building a wall with Mexico and opening a new investigation into 9/11.

"I want to say right off the bat, we would have to discuss some things, probably over dinner and a glass of wine so he could see inside my head, I could see inside his head," Landingham said.

Who would pick up the bill?

"I will just to, you know, but we will have to go to McDonald's."

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Michael D. Landingham STEVEN GOETZ/FOR METRO

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Business **metro** NEWS



FRANCE CONTROVERSIAL LABOUR BILL FORCED THROUGH PARLIAMENT Protesters hold placards reading "Everybody hates the labour law" in Paris earlier this month. France adopted a deeply divisive labour bill Wednesday after the government used a special measure to force it through Parliament without a vote, ending months of often violent protests and damaging political division. Prime Minister Manuel Valls argued in Parliament that the bill — which weakens union powers, makes layoffs easier and extends the work week — is necessary to create jobs and make the economy more competitive. AFP/GETTY IMAGES

Freer trade top topic at premiers meeting

WHITEHORSE, YUKON

Interprovincial deal close, says B.C. Premier Christy Clark

Provincial and territorial premiers say there's a high degree of support for an inquiry into missing and murdered indigenous women.

The premiers are in Whitehorse for their annual summer meeting. They were talking with aboriginal leaders on Wednesday before two days of discussions about other issues which are

expected to include freer trade across jurisdictional boundaries.

Host premier Darrell Pasloski said Tuesday the leaders are focused on an agreement that would allow provinces and territories to do business with each other in the same way Canada trades with other countries with which it has free-trade deals.

"It's ridiculous you can't buy B.C. wine in Ontario when you can buy it almost anywhere else around the world," said British Columbia Premier Christy Clark.

Clark said the interprovincial deal is close, but only after intense negotiations.

"President (Barack) Obama says democracy means com-



B.C. Premier Christy Clark at the meeting of premiers.

THE CANADIAN PRESS

promising even when you are 100 per cent right," she said. "And what's happened around the table is every province has

been convinced they're 100 per cent right, but nonetheless has found a way to compromise."

B.C., Alberta and Saskatchewan signed their own free-trade alliance, the New West Partnership, in April 2010 to improve labour mobility and cut bureaucracy. It was fully implemented in 2013.

The premiers are also expected to discuss health care, climate change and pension reform.

Political scientist Hamish Telford said the meetings allow the premiers to map strategy and co-ordinate their approaches to the federal government on often-complicated and costly issues.

THE CANADIAN PRESS

DISCOUNT TRAVEL

NewLeaf airline allows bids on unsold seats

Canada's newest discount airline says it will let travellers bid on unsold seats.

NewLeaf says the idea is part of a partnership with Calgary-based company Jump On Fly-aways.

Roger Jewitt, CEO of Jump On, says there are a lot of airline seats that fly empty every year because airlines use complicated revenue management techniques to maximize their seat revenue. He says Jump On's business model is to col-

lect bids on the potentially unsold seats, and let the airlines consider the best bid.

He says it is conceivable a person could be the only bidder on a particular seat and get the flight for \$1, though the company's website notes air travel partners will consider "reasonable" bids and can decline them.

Jump On opened its online portal for NewLeaf's 11 routes on July 19.

THE CANADIAN PRESS

FOOD

Listeria fear prompts hot dog, corn dog recall

More than 372,000 pounds of hot dogs and corn dogs made between July 10 and 13 are being recalled over concerns of listeria contamination.

The U.S. Department of Agriculture says Bar-S Foods is recalling five chicken and pork products, including bun-length and classic franks made with chicken and pork, classic corn dogs and Signature Pick 5 corn dogs. THE ASSOCIATED PRESS

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GILBERT NGABO ON CANADA'S GOOD EXAMPLE



The immigration tradition we've built in this country is special and has made us a model for the world, but it could fall apart if we don't work to maintain it.

There's a primary school in western Berlin where certain students are obliged to come in later and leave earlier than other students.

That group is composed of children of recent immigrants, mainly refugees from Syria, Eritrea, Iraq and Afghanistan. They're members of what's known in German education circles as "welcome classes."

When I and 17 other international journalists visited the school late last month — part of a conference on an invitation from the German Federal Foreign Office to learn about the country's immigration and integration policies — a welcome-class teacher explained the bizarre scheduling: others at the school "are afraid" of the unknown. Because the new kids are immigrants and don't speak German yet, they're completely separated from other students at school, to avoid any potential conflicts.

To me, that stood in contrast to what integration efforts look like in Canada. In Toronto, I've met with and reported on Syrian refugees, and I've seen how kids thrive studying and socializing with other children. The welcome-classes suggested to me that the immigration tradition we've built in Canada, which is special and has made us a model for the rest of the world, could fall apart if we don't work to maintain it. If separating schoolchildren could become necessary in Germany — a prosperous liberal democracy whose popu-

lation is 20 per cent recent immigrants, a country that has opened its doors to about a million Syrian refugees — it could happen here.

Having lived in Toronto for the past six years, I'm used to seeing a true picture of multiculturalism. Stand at any corner of the downtown street, and you're likely to see Asian, black, Indian, Caucasian or Arab people. That isn't a common sight on a Berlin street. Every time I took a stroll around, it was easy to feel like a stranger, except

attracted hundreds of thousands of active followers on its social media. Every Monday morning, no less than 2,000 people storm the city's streets, spreading xenophobic and Islamophobic messages: "Stop Islamization of Europe." "Rape culture is being imported." "Stop the invasion." "Refugees, go home."

If you want to dismiss them as just a bunch of rogue members of the society, think again. Political science professor Werner Patzelt of Dresden Technical University, who

refugees, the policy was met internally with more public applause than criticism. And it's also true that my fellow delegates at the week-long conference in Germany marvelled when I told them of the many local community initiatives working to make refugees feel welcome and fully integrated in Canada. But what I didn't mention there were the occasional racist incidents: a hijab-wearing woman being assaulted, a mosque being torched, people being told to "go back" wherever they came from.

By and large, we do a great and enviable job of making immigrants feel welcome, but we don't always do a great job of admitting, either to ourselves or to the rest of the world, the ways in which we fall short. We may not have politicians openly calling for the building of an actual border wall or the deportation of Muslims. We may not have schools openly cordoning off refugee students from other kids. We may not have large public assemblies against immigration. But there are dangerous sentiments in this country, just as there are anywhere else, and we do ourselves no favours by ignoring them.

There's no reason why what is now a small, hateful minority could not, under certain circumstances, or given a certain chain of events, gain wider influence. Terrorist attacks on our own soil, an uptick in homegrown radicalization, a Trump presidency south of the border — any or all of these could have negative impacts on Canada's overall attitude towards immigration.

It's up to every one of us to continue maintaining a uniquely Canadian system that is the envy of the world.

Gilbert Ngabo is a reporter for Metro Toronto



A woman holds a placard during a Pegida demonstration in February. Far-right movements are ascendant all over Europe. AP

once when I stumbled upon a group of guys watching soccer at a makeshift beach on a sidewalk, which I quickly joined. Sports has a way of easing things. How uncomfortable would a Syrian male, who speaks no German and no English, feel on such streets?

Other factors would create discomfort, too. In Dresden, a city 200 kilometres south of Berlin, a radical movement, Pegida, is ascendant. Known for its inflammatory rhetoric against what its ringleaders call "Islamization" of the West, the group has, since its modest Facebook launch in 2014,

recently published a book about the movement, believes Pegida has grown as a result of the country's failure to secure social coherence on immigration and integration matters. He says Pegida has derived even more legitimacy, in the eyes of ordinary citizens, from the growing number of terrorist attacks, especially when someone of an immigrant background is involved. The fear produced by the attacks is powerful.

And the fear lives here, too. Yes, it's true that when Canada recently worked around the clock to bring in 25,000 Syrian

ROSEMARY WESTWOOD

For indigenous women, the pain of daily life can't be conveyed in statistics

Last month, on June 8, a new and much-lauded survey charted what one indigenous activist called "a growing awareness" among Canadians of indigenous issues.

"Sympathy for aboriginals rising: survey" read The Globe and Mail's headline, adding that three quarters of Canadians want to "see social and economic disparities addressed."

That same day, news broke in Calgary of body parts found in a park. They would turn out to be part of the remains of Joey English, a 25-year-old indigenous woman.

Police have not ruled her death a homicide. Instead, a man, Joshua Jordan Weise, stands accused of offering an indignity to human remains. It's alleged English died in his home and he dismembered her body and sought to hide it. Police have not yet said how she died.

Stephanie, English's mother, says she feels betrayed by the justice system. She criticized the prosecutor for allowing Weise out on bail and she's launched a "Justice for Joey English" group.

"There is no compassion to how it's being done," she told me. "I honestly believe if we were white, our case would have been dealt with and we would have closure."

She still has not received her daughter's remains, in order to bury them.

And while she has praise for Calgary Mayor Naheed Nenshi, Stephanie says she

was "brushed away" by Prime Minister Justin Trudeau when she tried to tell him about her daughter's case at an event in Calgary over the weekend.

"I don't need his apologies. He can give those to my mother and the ones who went to residential school. What he can do is really look at my granddaughter, and ask if this is going to happen to my granddaughter when she grows up."

The loss in the English family has been great. Joey's sister died of what police deemed suicide. Two other family members were murdered, and two more died from suicide, according to Joey's cousin, Brailon English. Stephanie told me she believes her daughter would still be alive if she'd received more help to treat an addiction.

"Now I sit in that category where my girls are statistics," she says. "That is so heart-breaking."

Statistics — of violence, incarceration, education, health and poverty of Canada's Indigenous — are often what we see. Individual stories don't often break out into the national consciousness. Joey English has not been a national news story. But she and her family are part of the actual lives and pain that we choose to talk about in numbers, a tactic that defangs, sanitizes, and silences their stories.

Their stories are one to listen to, carefully. They tell not just of suffering but of well-earned distrust.

There are dangerous sentiments in this country, and we do ourselves no favours by ignoring them.

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LGBTQ fiction with a twist

LITERATURE

Canadian fan authors find mainstream success at last

Genna Buck
Metro Canada



For years, Michelle Osgood spent her weekends and evenings writing online stories based on the MTV series *Teen Wolf*, dreaming of getting published one day.

Then the 27-year-old full-time secretary visited a friend's cute apartment. She started thinking about the kind of character who would live there — and her first original work of fiction was born.

The resulting novel, *The Better to Kiss You With*, came out in April. It shares elements with her fanfiction: It's a Vancouver-set paranormal lesbian romance, with plenty of werewolves.

"I probably would not have even tried a mainstream publisher," Osgood said.

She turned to Interlude Press, which was founded specifically to help writers like her, with a following online, to cross over to the broader world of books.

Veteran ghostwriter and editor Annie Harper started Interlude in 2014 with two fellow superfans she met on Tumblr, reading and writing fanfiction based on the TV show *Glee*.

READ IT

Interlude books available from Canadian authors

The Better to Kiss You With by Michelle Osgood, \$19.50

Deanna Scott is geek girl. She has a job moderating a mobile role-playing game about werewolves and a crush on her beautiful, butch upstairs neighbour Jamie. Then one of the game's players starts bombarding her with increasingly threatening messages: "I'm a real werewolf and your game is offensive." Deanna thinks he's just some sad guy with an internet connection. But Jamie knows something she doesn't.

Lodestones by Naomi Mackenzie \$20.95

Summer Love (short story collection) by various authors including Winnipegger H.J. Coulter, \$20.95

She got the idea at a conference after an executive from Simon & Schuster said fanfiction was telling publishers what people want to read, but aren't getting — that it's a harbinger of literary trends to come.

Interlude doesn't print fanfiction scrubbed of references to source material, à la *Fifty Shades of Grey*. Its stories draw from



Interlude Press, which has its roots in fanfiction but has grown into a bricks-and-mortar publisher, prints positive LGBTQ stories by authors from around the world, including Canadians Naomi Mackenzie and Michelle Osgood. CONTRIBUTED

the traditions of fanfiction: LGBTQ romance, references to geek culture and, in the works for adults, a fair amount of explicit sex.

"Fanfiction authors tend to take greater risks. They have so much freedom," Harper said. "A lot of authors with deals are frequently told to diminish or downplay LGBTQ characters."



All Interlude books have LGBTQ themes of some sort, and though the stories contain their fair share of angst, the publisher has a happy-endings-only policy.

The company's young-adult imprint, Duet, recently partnered up with the suicide-prevention charity The Trevor Project on an initiative to get 1,000 copies of *The Rules of Ever After*,

one of its most acclaimed titles, into libraries around the U.S.

Positive LGBTQ stories that don't dwell on sexuality are incredibly important to young queer people, but libraries often don't stock them because they seem to rarely get checked out, Harper explained. Librarians tell her that's not the case: Because of stigma, people read the books

“

There are so many great fanfiction authors out there who have trouble getting recognition from publishing houses.

Michelle Osgood, novelist

in the library, or sneak them out without stopping at the desk.

"Coming-out stories are great, but every story shouldn't have to be a coming-out story," says Interlude author Naomi MacKenzie, 38, a former photographer who lives with her two teenage sons in Mississauga, Ont.

MacKenzie's young adult novel *Lodestones*, inspired by her childhood in rural New Brunswick, is a comedy with a huge cast of diverse characters and a romance between two men.

She has written fanfiction for more than a decade, mostly in the worlds of *Glee* and *Harry Potter*, but this was her first experience of a rigorous, and she says somewhat tedious, editing process that made her book better.

Osgood, on the other hand, studied English in university and said she "doesn't mind red pen" all over her work.

She's already at work on a sequel. All she'll say about it now is, "It involves a character who shows up at the end."

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What to do when you move to Washington?

INTERVIEW

Writer Jennifer Close pulls from own life in new novel

Sue Carter
For Metro Canada



As the Republican Convention in Cleveland dominates headlines and late-night talk-show chatter, for many Washington, D.C., politicians currently working for President Obama, the event marks another kind of personal milestone.

Regardless of who is elected the next American president in October, many staffers will be leaving their jobs, or the city, or politics altogether. Washington author Jennifer Close compares the feeling in the Capitol right now to senior year in college.

"There's a lot of nostalgia already happening, and so many goodbye parties," says Close. "It's the feeling of 'this is the end,' and a whole new group of people will come

in, which is so weird about the city."

Close's observations of living in Washington, D.C., are at the centre of her entertaining new novel, *The Hopefuls*.

After the release of her debut novel, *Girls in White Dresses*, about a tight-knit trio of women in search of happily ever after, Close had a hard time convincing people that the book wasn't a thinly veiled personal story. With *The Hopefuls*, she is open about her inspirations: the city and people of Washington.

After Close, a former Condé Nast editor, left New York for D.C. to support her husband as he worked on Barack Obama's first presidential campaign, she found the transition to the new city difficult.

But while she initially disliked her new home and its dominating political culture, she also found it fascinating. And so she began writing a story about a group of characters living in the world's most powerful city, which would eventually become *The Hopefuls*.

"The first thing I wrote for the book is a rant about

how much the character hates D.C.," Close says.

"I think that was really therapeutic for me."

The book's protagonist, Beth, is also a journalist who follows her politically ambitious husband, Matt, to the Capitol. Beth has a long checklist of things she hates about the city: the relentlessly humid weather, the uniform Ann Taylor dresses, the driving culture and the lack of

decent bodegas.

Most of all, she is both bored and frustrated with the fact that it's impossible to have a social conversation that doesn't involve politics or BlackBerry's.

Beth is inches away from a full-on meltdown when they meet charismatic White House staffer Jimmy, and his wife Ashleigh. The two couples immediately bond, but when Matt becomes

Jimmy's campaign manager, ego and ambition creeps into the friendship.

Close's own transition was not as painful as Beth's, in part because she began teaching creative writing at George Washington University (Beth ends up working for a Gawker-style online gossip magazine). She also met a group of women from outside the political circle, and found support in fellow non-polit-

ical spouses. Even though six years later, she now thinks of Washington as home, she knew her book needed to capture her original outsider's perspective.

"I was really interested in this world," Close says. "A lot of people will never get to see it."

Sue Carter is the editor at Quill & Quire magazine.

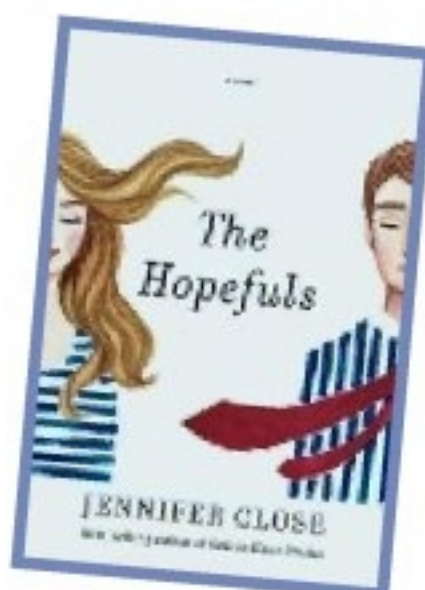


Jennifer Close, who lives in Washington D.C., took from her own experience moving from NYC to the U.S. capital for *The Hopefuls*. CONTRIBUTED



It's the feeling of 'this is the end,' and a whole new group of people will come in, which is so weird about the city.

Jennifer Close on the pre-election feeling in the U.S. capital



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Baby drama afoot in Real Housewives

SCANDAL

Bellamar claims C-section schedule conflict led to canning

Shinan Govani
Torstar News Service

"I'm nine months pregnant, and I'm going to be picketing in my Louboutin heels," Ariane Bellamar tells me. "I will not be bullied."

Hell hath no fury like a Housewife scorned, and this one is livid. Dismissed from her post on Toronto's most anticipated reality series *The Real Housewives of Toronto* — by lawyers via email near the tick of midnight on Friday — the actress-model, 38, is also shining light on a show whose details have been kept secret until now. The reason for Bellamar's termination from the 2017 Canadian spin-off of a franchise with monster-tentpoles in New York, Atlanta and Orange County, Calif.?

It is, she says, because the date of her scheduled delivery by Cesarean section changed.

Originally placed in the Google Calendar for August 9 — which the producers knew when she was hired this spring — doctors moved the surgery to August 1, telling her the baby had dropped into position and it would be too dangerous to wait.

What that meant, she says, is that the birth of her child with Texas businessman husband Tanner Slaughter would conflict with a ladies trip to Muskoka that the show's production team was preparing to shoot. Bellamar immediately informed producers about the change. The following night, she was axed.

"Is this a joke?" she asked Grant Fraggaloch, the executive producer of the Lark Productions-made show, in an email. Her pleas were forwarded to lawyers.

Lark Productions has not responded to queries from the Star.

"I'm supposed to be decorating my nursery right now," Bellamar says. In front of cameras! Instead, she's making calls to her own lawyers and considering a lawsuit. (Worth nothing: firing or demoting a woman because she is pregnant is contrary to the Ontario Human Rights Code.)

Bellamar was raised in Hamilton, and has a daughter, Emma. She has reality TV experience



Ariane Bellamar claims she was dismissed from *Real Housewives of Toronto* because her scheduled Cesarean section conflicted with filming of a ladies trip to Muskoka. CONTRIBUTED

(she starred on the reality series, *Beverly Hills Nannies*), a knack for drama (a quarrel with her millionaire CEO ex-boyfriend Patrick Henry landed her in tabloid of *The Daily Mail* in 2014) and was born to screech "I'm done!", like every *Real Housewife* in every city does at some point. (Bellamar's resume also includes porn — movies like *The Curse*

of Medusa.)

"I was supposed to be the firestarter on the show," she says. "I'm very candid." Most importantly (and the reason, I think, so many bona fide socialites in Toronto turned down offers to do the show), "I'm willing to say things because I don't have the connections here," Bellamar says. "My whole arc" — no surprise

“

I'm going to be picketing in my Louboutin heels

Ariane Bellamar

that reality shows have "arcs"! — involved "coming back home" and attending the premiere of the movie *Suicide Squad*, starring Jared Leto. Bellamar has a small part in the film, which was shot in Toronto.

On the show, her entree into the city's society sphere was to be facilitated by her cosmetic surgeon, the celebrated Dr. Stephen Mulholland, whose wife, Ann Kaplan Mulholland, is a part of the cast, too.

Bellamar says producers were so keen on her pregnancy, they'd already had conversations about her post-baby plot-lines. "They're were talking about filming me getting wasted...for the first time after the baby. I told them, 'I'm going to be breast-feeding!'"

Asked if there might be a reason for her termination, other than her delivery date, and Bellamar shrugs. "I don't know. Maybe it's one of the other Housewives. Maybe they're jeal-

ous." (For this line alone, I feel like Bellamar should be immediately re-hired.) Bellamar says she gave up multiple TV projects to secure this role, and now feels stuck in Canada. "I moved a pretty house. I bought a Maserati. I adjusted my whole life."

She continues. "To make matters worse, my husband is in the process of moving his businesses to Toronto but can't legally do so until his visa clears...I lost my income, my husband cannot work in Canada yet, and we cannot change this situation until the baby is able to travel."

"When I was with RHOA we had hospital and grand visiting experiences planned, but like the show, those are also gone."

The icing on the cake, she says, is that producers wanted to document her family's move to Toronto, "which included painting, moving boxes, moving in furniture...completing my nursery because the storyline wanted my husband's character to be developed into the 'stay at home dad' whom (sic) was going to decorate, furnish, and prepare the nursery. It is disheartening to walk around my incomplete house, which is still in the condition that Lark wanted it to be for filming."

Anything who is anyone...

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JESSE EISENBERG
BLAKE Lively
PARKER POSEY
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IN THEATRES JULY 29

No purchase necessary. One entry per person, per day. Contest open to residents of the cities of Vancouver, BC, Calgary and Edmonton, AB, Winnipeg MB, and Halifax, NS who have attained the age of majority in their province of residence at the start of the Contest Period. Odds of winning depend on the number of eligible entries received in each city. Twenty (20) prizes are available to be won in each market, consisting of two (2) passes to a screening of *CAFÉ SOCIETY* on July 27, 2016. Approximate retail value of each prize is \$25 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. The Contest begins at 11:00 AM ET on July 19, 2016 and ends at 9:00 AM ET on July 22, 2016. To enter and for complete contest rules visit www.wonderlist.ca

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Generation hands on



Shazeen Bandukwala works on dovetails for her box project at The Unplugged Workshop, a class for urban dwellers who like to get their hands dirty. TORSTAR NEWS SERVICE

DIY

Millennials increasingly attracted to woodworking

On a muggy June night, the sounds of gentle sawing and pounded mallets ring through a white-walled workspace lined with handsaws, chisels, jack planes and planks of wood — cherry, oak, poplar.

Mumford and Sons' first electric album, *Wilder Mind*, spins on a record player as amateur woodworkers hunch over their workspaces, carefully measuring and chiselling out joints for their Unplugged Woodshop class project — a basic box.

In this Wednesday night class, half of the six participants are millennial city-dwellers. It's a demographic increasingly drawn to maker culture — and woodworking, specifically — as a way to escape mundane desk jobs and feel the satisfaction of working with their hands, say local woodworkers. Retired suburbanites are out, it seems, and young downtowners are in.

Max Lantz, 29, is among that younger cohort taking the box-making class at Unplugged Workshop in Toronto. He works in advertising right now — it's "extremely unfulfill-

ing," he says — and wants to shift gears into woodworking for a career. The craft is more tactile, he notes, while he saws out the dovetail joints that will later join together to secure the sides of his oak box.

"The work that you do is of great practical value, either to yourself or someone else," Lantz adds. "And I don't get that sense when I spend 40 hours a week staring at a two-dimensional computer screen."

Those are the type of young people drawn to the Unplugged Woodshop, a hand-tools-only space in an ivy-covered warehouse in Toronto, according to owner Tom Fidgen. "They have a day job that usually sees them sitting at a computer, or at a desk, or just sitting," he says.

Fidgen builds custom furniture, teaches woodworking classes around the world and has written two books on the subject. Five years ago — long before the Jan. 1 launch of the Unplugged Woodshop — he started noticing growing interest from a younger demographic. A decade ago, that wasn't the case. "Most of my clients were, to be frank, retired old white dudes who'd come over to talk about tools," says Fidgen.

Alongside the woodworking classes popping up in recent years, there is also a push to make tools and spaces more accessible for city-dwellers. It's

+ REINVENTION

There's also a renewed appreciation among young people for handmade goods, says Tom Fidgen of Unplugged, and the magic of woodworking is at the forefront of the trend. "To take something like a tree and cut it into pieces and then expect to flatten those pieces and stick them back together in some weird shape, it's a big stretch," he says. "We've been doing it for thousands of years, but it still amazes me."

something the Tool Library in Toronto is tapping into. The first location launched in 2013, and since then, three more spots have popped up — allowing people to borrow tools, from hammers and chisels to pressure washers and generators, just like they would from a library.

The main demographic of the Tool Library's roughly 28,000 users is in their early 20s to early 40s, says its co-founder, Lawrence Alvarez.

He attributes the popularity of woodworking and other types of maker culture to its ability to empower young people.

"In some ways, we lack a lot of control in terms of job selection, places to live — you get priced out of markets — but there are some things you can control." TORSTAR NEWS SERVICE

The work that you do is of great practical value, either to yourself or someone else.
Max Lantz, 29, woodworking student

TRENDS

High hopes for micro apartments

New York City's first "micro" apartment complex is open for business, challenging the limits of minimalist living. What the tiny dwellings lack in square footage, they try to make up for in amenities.

Carmel Place, a 55-unit complex that opened this summer in the Kips Bay neighbourhood of Manhattan, represents the first time in decades that the city has allowed apartments to be built this small — ranging from 260 to 360 square feet. That's roughly the equivalent of a one-car garage.

It's the latest entry in a national trend toward smaller urban housing. The rise in single-person households — now nearly a third of New York City's households — and ever-higher rents led the city to approve the experimental project. Carmel Place got city land and a waiver from New York's 400-square-foot minimum on new apartments, set in 1987.

Frank Dubinsky of Monadnock Development, which built Carmel Place along with the Lower East Side People's Mutual Housing Association, said

there would probably be more new micro-apartments in New York soon.

Compared to other modern buildings in its neighbourhood, Carmel Place offers relatively modest rents, and services and amenities — such as multi-functional furnishings — that are aimed at making small-scale living a little easier. Architectural elements like eight-foot windows and nearly 10-foot ceilings are also meant to make small spaces more livable.

The complex of services and

amenities were put together by a company called Ollie, its name inspired by the words "all inclusive."

"Just because people need a living room and a bedroom doesn't mean they need a designated living room and a bedroom. They just need the functionality of both rooms," explains Chris Bledsoe, co-founder of Ollie, which did design work on the apartment interiors as well. The firm nArchitects designed the interior and exterior of the building. THE ASSOCIATED PRESS



Carmel Place, an apartment complex in Manhattan's Kips Bay neighbourhood, has units that range from 260 to 360 square feet but have 10-foot ceilings. HANDOUT

Jays offence rattles snakes

MLB

Encarnacion adds to home run tear at Arizona

Josh Donaldson and Edwin Encarnacion each hit two-run homers and the Toronto Blue Jays beat the Arizona Diamondbacks 10-4 on Wednesday.

Donaldson's homer off Patrick Corbin landed in the Chase Field swimming pool in the first inning. Encarnacion's soaring shot off Daniel Hudson, projected at 471 feet, landed far down the walkway beyond the left-field seats in the eighth.



Josh Donaldson
GETTY IMAGES

It was Encarnacion's 26th home run of the season and ninth in his last eight games at Chase.

Marcus Stroman (8-4) allowed a run and eight hits in eight innings to help the Blue Jays sweep the two-game series.

Darwin Barney tripled in two runs and brought another home with a sacrifice fly for Toronto. Devon Travis had three hits, two of them doubles.

Corbin (4-9) was tagged for six runs, five earned, on nine hits in 5-2/3 innings to fall to 0-7 at home.



Edwin Encarnacion of the Blue Jays does a little bat toss after hitting a no-doubter to left field on Wednesday against the Diamondbacks. CHRISTIAN PETERSEN/GETTY IMAGES

Tuffy Gosewisch hit a three-run homer in the ninth for Arizona.

Corbin had thrown only five pitches and Toronto led 2-0.

Barney opened the game with a single, then Donaldson lined a 1-0 pitch for a splash-down into the pool beyond the fence in right, his 24th home run.

WEDNESDAY in Phoenix



Donaldson ended Corbin's day with two outs in the sixth with a shot that hit just below

the home run line in the porch in left-centre field.

Arizona got its lone run off of Stroman in the first when Jean Segura scored on Michael Bourn's base hit to right field.

Gosewisch's three-run homer came off of reliever Brett Cecil.

Barney, an infielder by trade, made his first career

+ MORE SCORES

Mariners 6, White Sox 5

Leonys Martin hit his second home run of the game, a solo shot with one out in the bottom of the 11th inning that sent Seattle over Chicago White Sox.

Martin also hit a two-run drive in the second inning.

Cubs 6, Mets 2

Anthony Rizzo homered twice off Bartolo Colon, Kyle Hendricks pitched 6-1/3 scoreless innings and the Cubs beat New York in Chicago to take two of three in the rematch of last year's NLCS.

Indians 11, Royals 4

Tyler Naquin hit two of the Indians' five homers and had a career-high six RBIs, helping Cleveland rout AL Central-rival Kansas City.

Carlos Carrasco (7-3) only allowed one hit in six shutout innings to earn the road victory.

start in left field and made a nice running catch just outside the foul line of Corbin's line drive in the second.

Barney was inserted in the lineup after Michael Saunders left the team for personal reasons.

Manager John Gibbons said Saunders is expected back for Friday's game in Toronto against Seattle.

THE ASSOCIATED PRESS

VOLLEYBALL

Canada unveils beach teams

When volleyball player Sarah Pavan makes her Olympic debut next month in Rio, her transition from the court to the beach will have come full circle.

The 29-year-old from Kitchener, Ont., spent some 20 years playing the indoor game but when Canada failed to qualify for the 2012 London Olympics she decided to make the shift to sand.

She teamed with Heather Bansley of Waterdown, Ont., in 2013 and the two head into Rio as Canada's top-ranked beach volleyball team.

But the transition for Pavan hasn't been easy.

She said the shift required re-training her body to move and perform differently than she'd been used to playing indoors.

"The technical skills themselves are very different," she said Wednesday at the official unveiling of the Canadian team in Toronto. "A lot of people say, 'Well, it's still volleyball,' but they're two different sports."

For the first time since beach volleyball was added to the Olympic program in 1996, Canada is sending a full quota of two teams per gender to the Games. Pavan and Bansley will be joined on the women's side by Victoria's Jamie Broder and Toronto's Kristina Valjas. On the men's side it will be Chaim Schalk of Red Deer, Alta., and Calgary's Ben Saxton, and Richmond Hill, Ont., duo Josh Binstock and Sam Schachter.

Canada has only one beach volleyball medal, a bronze won by the men's team of John Child and Mark Heese at the Atlanta Olympics in 1996.

THE CANADIAN PRESS



Sarah Pavan GETTY IMAGES

UFC

Mendes banned 2 years for doping

UFC featherweight contender Chad Mendes has been suspended for two years after testing positive for a performance-enhancing substance.

The U.S. Anti-Doping Agency announced the sanction Wednesday. USADA administers the UFC's anti-doping policy.

USADA says Mendes tested positive for a growth hormone-releasing hexapeptide in an out-of-competition test conducted May 17. He is (17-4) is suspended until June 10, 2018,



Chad Mendes GETTY IMAGES FILE

when he will be 33 years old.

Mendes said on Twitter last month that he "didn't do my homework, and that was a big mistake." THE ASSOCIATED PRESS

IN BRIEF

Canada women beat China in warm-up match

Teenage midfielder Jessie Fleming scored a highlight-reel goal in the sixth minute to give Canada a 1-0 win over China in Paris on Wednesday in its penultimate outing before the Rio Olympics.

The victory may have come at a cost, however.

Veteran forward Melissa Tancredi came off in the second half with an ankle injury after colliding with Chinese goalkeeper Zhao Lina. THE CANADIAN PRESS

OLYMPICS

Russia expects to learn its fate Sunday

Russia's top Olympic official expects a final decision by Sunday

on whether the entire Russian team will be banned from next month's Games over allegations of state-sponsored doping.

The International Olympic Committee said its executive board will meet via teleconference on Sunday to consider the issue, but added that a final decision was expected

"within the next seven days."

"The issue will be finally resolved by the end of this week, probably on Sunday," Russian Olympic Committee president Alexander Zhukov said.

The Court of Arbitration for Sport will issue its verdict Thursday on Russia's appeal to overturn the IAAF ban on its track and field athletes for the Games.

THE ASSOCIATED PRESS

387

Russia hopes to send a total of 387 athletes to Rio.

RECIPE Chicken Chili Burger



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

- 1/4 cup fresh cilantro, chopped
- Pinch of salt and pepper

Directions

1. In a bowl, stir together the Crema ingredients. In a large bowl, combine ground chicken, garlic, onion, cumin, chili powder, egg, salt and pepper. Shape into patties.

2. Add a touch of oil to your pan and warm over medium heat. Put patties in and allow to cook on one side for about 5 minutes. Flip them and cook 2 or 3 minutes before placing the cheese on top. Cover pan to help the cheese melt. Use a meat thermometer to make sure the internal temperature is 165 F.

3. Toast the buns. Spread Crema on the bottom bun, add lettuce, burger, guac and top with the bun.

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Even if you're rushed, do not skip the crema on this zesty burger.

Ready in

Prep time: 20 minutes
Total time: 45 minutes
Serves 4

Ingredients

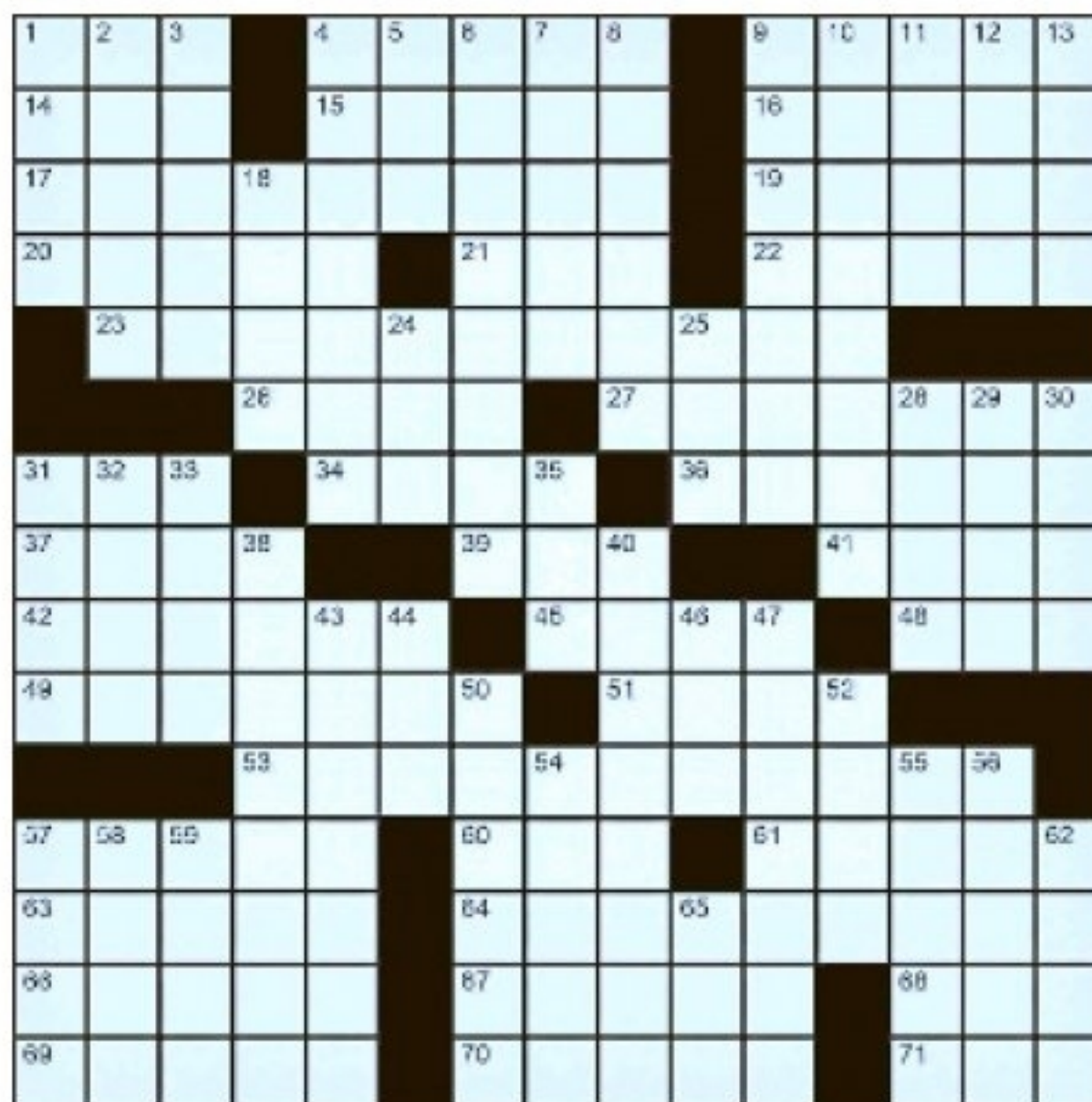
- 1 clove garlic, minced really fine
- 1/2 red onion, minced fine
- 1 tsp cumin
- 1 Tbsp chili powder
- Pinch of salt and pepper
- 1 egg, whisked
- 1 lb ground chicken
- 4 thin slices of cheddar
- 3/4 to 1 cup guacamole
- Lettuce, tomato and whatever else you like on a burger
- 4 buns
- Crema**
- 1 small (250 ml) container of sour cream
- 1/4 cup fresh lime juice

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Mr. Ocasek
- Anwar _ (Former Egyptian President)
- Bug's landing spot on a flower
- Spanish 'bear'
- City in Australia
- Reflection
- Guitar fingering notation
- Taken-back vehicles
- Jeweller's unit
- Caesar's 1002
- "_ you clever!"
- Northern Ontario town where filmmaker James Cameron was born in 1954
- Gladiator's 552
- Pieces in Bryan Adams' wardrobe
- USA state
- Beginning as two-by-two marchers in song...
- Handbook
- Drug deal buster, for short
- Mystery novelist Ms. Grafton
- Ms. Gershon
- Greatest extent
- Chg. card percentages
- Lit Australian state
- Ink pad user
- Kind of freshwater fish
- Magician
- Finely chop
- Impair
- Madagascar animal
- Construe
- July 22nd to July 24th, 2016: Lumberjack



Heritage Festival des _
(Annual bilingual-titled event in #23-Across)
66. Iowa city where 1930 painting American Gothic is set
67. Bodybuilding legend Charles
68. Mr. Bacon, to pals

69. Mustard brand
70. Looks as though
71. Clairvoyance, e.g.

DOWN

- US campus mil. program
- "Wicked Game" singer Chris
- Hooded snake
- Pancakes flipper
- At the age of, in Latin [abbr.]
- Music store

items: 2 wds.
7. Halls-with-sky-lights
8. Just-one-deity believer
9. Flesh-chomping fish
10. Coming forth
11. Record
12. 1957 Igor Stravinsky ballet

13. For fear that
18. Particular Pacific patrol, puny-ly
24. " _ City" (2005)
25. Philosophy
28. Wreck
29. Treats cowhides
30. Cabbage concoction
31. Cross to bear
32. "Round and Round" rodent rockers
33. Ms. Bombbeck
35. Fashion designer Anna
38. Annual pop culture event in San Diego, this year from July 21st to July 24th
40. Gird
43. Abdomen organs
44. _ Aviv
46. However
47. Overcast
50. Dances in a way
52. Casket stand
54. Lightly fry
55. Chimney plume
56. Melodies
57. Docile
58. Stagnate
59. Without wearables
62. Invitee's 'yes'
65. _ sandwich

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
A friend might throw you a curveball or do something you least expect today. However, you also might meet someone new and unusual — who knows?

Taurus April 21 - May 21
Today your relations with authority figures are a bit unpredictable. You don't know if you should stay or jump. Because you don't know, do nothing.

Gemini May 22 - June 21
You will love to suddenly travel today; however, travel plans are unpredictable. Enjoy meeting people from other cultures and different backgrounds. Enjoy learning something new.

Cancer June 22 - July 23
Something having to do with shared property or inheritances will be unpredictable today. Knowing this, make it a point to do your homework and be on top of things.

Leo July 24 - Aug. 23
You might make a new friend today, or a friend or partner might do something that surprises you. This is an exciting day with lots of electricity in the air!

Virgo Aug. 24 - Sept. 23
Your ambition is strong today, and so is your intuition. Trust your hunches. Because you feel so independent, you might not be keen to cooperate with others. Hmmm, is this wise?

Libra Sept. 24 - Oct. 23
A sudden invitation to a social event will delight you today. Sports events might have unexpected results, because today is a bit of a crapshoot. Nevertheless, it's a fun day!

Scorpio Oct. 24 - Nov. 22
You might buy something new and high-tech for your home today. Alternatively, something at home might break down. Grrr. That's because your home routine will have some surprises.

Sagittarius Nov. 23 - Dec. 21
You're full of bright, clever, innovative ideas today. Why not write them down so that later, you can run them up the flagpole to see if anyone salutes?

Capricorn Dec. 22 - Jan. 20
You might have a clever idea about how to boost your income today. Likewise, you spontaneously might buy something, especially something high-tech, a videogame or perhaps modern art.

Aquarius Jan. 21 - Feb. 19
Today you feel ambitious, impulsive and restless! That's why all kinds of spontaneous suggestions will appeal to you. "I'm ready!"

Pisces Feb. 20 - March 20
This is a restless day for you, because you want something to happen and you're not sure what. But you want to break free from routine and find some new thrills.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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